# Lecture 5

# Dynamics and control of open quantum systems

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This lecture covers Schrieffer-Wolff perturbation theory and the Jaynes-Cummings model.

#### I. JAYNES-CUMMINGS HAMILTONIAN

The following Hamiltonian describes a spin $-\frac{1}{2}$  interacting with a harmonic oscillator

$$H/\hbar = \frac{\omega_a}{2}\sigma^z \otimes I_r + \omega_r I_q \otimes a^{\dagger}a + g(\sigma^+ \otimes a + \sigma^- \otimes a^{\dagger}) = \frac{\omega_a}{2}\sigma^z + \omega_r a^{\dagger}a + g(\sigma^+ a + \sigma^- a^{\dagger}).$$
(1)

The spin is described by the Pauli matrices  $\sigma^i$ , together with the identity  $I_q$ , whereas for the harmonic oscillator we have the bosonic commutation relation  $[a, a^{\dagger}] = 1$  as before.

#### A. Exact diagonalization

To diagonalize this Hamiltonian, it is simplest to find a conserved quantity, i.e. an operator that commutes with it. This is the excitation number  $N = a^{\dagger}a + \frac{1+\sigma^2}{2}$ . We leave the proof that [N, H] = 0 as an *exercise*. Then N and H will be diagonal in the same basis.

The eigenspaces of N are  $V_0 = \{|0,0\rangle\}, V_1 = \{|0,1\rangle, |1,0\rangle\}, \ldots, V_n = \{|n-1,1\rangle, |n,0\rangle\}, \ldots$ , where the subscript of V denotes the eigenvalue of N, and the two labels of the kets count the number of excitations in the simple harmonic oscillator and in the spin, respectively. For the one-dimensional eigenspace  $V_0$ , the eigenenergy is  $E_{0,0} = -\omega_a/2$ . Over  $V_n$  for  $n \ge 1$ ,

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$$H_{n} = \begin{pmatrix} \langle n-1, 1 | H | n-1, 1 \rangle & \langle n-1, 1 | H | n, 0 \rangle \\ \langle n, 0 | H | n-1, 1 \rangle & \langle n, 0 | H | n, 0 \rangle \end{pmatrix} = \begin{pmatrix} (n-1)\omega_{r} + \frac{\omega_{a}}{2} & g\sqrt{n} \\ g\sqrt{n} & n\omega_{r} - \frac{\omega_{a}}{2} \end{pmatrix}$$
(2)
$$= \left(n - \frac{1}{2}\right)\omega_{r}I_{2} + \frac{\omega_{a} - \omega_{r}}{2}\tau^{z} + g\sqrt{n}\tau^{x}.$$

We have introduced Pauli matrices  $\tau^i$ , along with the identity operator, that act on the two-dimensional subspace  $V_n$ . The full Hamiltonian is block-diagonal, i.e. we write  $H = H_0 \oplus H_1 \oplus H_2 \oplus \ldots$  acting on  $V = V_0 \oplus V_1 \oplus V_2 \oplus \ldots$ 

We may further write

$$H_n = \vec{r}_n \cdot \vec{\tau} + \left(n - \frac{1}{2}\right) \omega_r I_2$$
  

$$\vec{r}_n = (g\sqrt{n}, 0, \Delta/2) \equiv r_n(\sin\theta_n, 0, \cos\theta_n),$$
  

$$r_n = |\vec{r}_n| = \sqrt{ng^2 + \Delta^2/4}, \ \sin\theta_n = g\sqrt{n}/r_n, \ \cos\theta_n = \Delta/(2r_n).$$
(3)

From this form, we can calculate using the previous subsection the eigenenergies and eigenvectors in the subspace  $V_n$  for  $n \ge 1$ 

$$E_{\pm,n} = \pm r_n,$$
  

$$|\psi_{+,n}\rangle = \cos\left(\frac{\theta_n}{2}\right)|n,0\rangle + \sin\left(\frac{\theta_n}{2}\right)|n-1,1\rangle,$$
  

$$|\psi_{-,n}\rangle = \sin\left(\frac{\theta_n}{2}\right)|n,0\rangle - \cos\left(\frac{\theta_n}{2}\right)|n-1,1\rangle.$$
(4)

 $\theta_n/2$  can be interpreted as a 'mixing angle'.

### B. Schrieffer-Wolff Perturbation Theory

We rewrite the Jaynes-Cummings Hamiltonian Eq. (1) in the form

$$H = H_0 + \hbar g I_+,\tag{5}$$

where we define the unperturbed Hamiltonian

$$H_0 = \hbar \omega_r a^{\dagger} a + \hbar \omega_a \frac{\sigma_z}{2},\tag{6}$$

and let

$$I_{\pm} = a^{\dagger} \sigma_{-} \pm a \sigma_{+}. \tag{7}$$

 $I_+$  is the Hermitian operator that defines the perturbation, and  $I_-$  is an antihermitian operator that will enter the definition of the generator of the Schrieffer-Wolff transformation below.

Under the assumption that  $|\Delta| \equiv |\omega_a - \omega_r| \gg g$ , the Hamiltonian Eq. (1) can be diagonalized by the unitary transformation

$$\mathbf{D} = e^{-\Lambda(N_q)I_-},\tag{8}$$

with the following definitions

$$\Lambda(N_q) = -\frac{\arctan\left(2\lambda\sqrt{N_q}\right)}{2\sqrt{N_q}},$$

$$N_q \equiv a^{\dagger}a + \Pi_e,$$
(9)

where  $\Pi_e = |e\rangle \langle e|$  is the projector onto the excited state of the atom  $\sigma_z |e\rangle = |e\rangle$ .

Under the action of  $\mathbf{D}$  in Eq. (8),

$$H^{\mathbf{D}} \equiv \mathbf{D}^{\dagger} H \mathbf{D} = \hbar \omega_r a^{\dagger} a + \hbar \omega_a \frac{\sigma_z}{2} - \frac{\hbar \Delta}{2} \left( 1 - \sqrt{1 + 4\lambda^2 N_q} \right) \sigma_z.$$
(10)

In the following subsection we derive this result. This solution draws from Boissonneault *et al.*, Phys. Rev. A **79**, 013819 (2009).

#### 1. Derivation

We first define the commutator as a superoperator

$$\mathcal{C}_A B \equiv [A, B], \quad \mathcal{C}_A^m B = \overbrace{[A, [A, [A, \dots, B]]]]}^{m \text{ times}}, \tag{11}$$

whence the Baker-Campbell-Hausdorff formula becomes

$$e^A B e^{-A} = \sum_{n=0}^{\infty} \frac{1}{n!} \mathcal{C}^n_A B.$$
(12)

Writing the unitary that we are seeking in the form of Eq. (8)

$$\mathbf{D} = e^{-\Lambda(N_q)I_-},\tag{13}$$

with  $\Lambda$  a yet unspecified function, we note that since  $N_q$  commutes with either H or  $I_{\pm}$ , then  $\Lambda(N_q)$  can be treated as a scalar when considering the nested commutators of the BCH formula Eq. (12) applied with A = H and  $B = \Lambda(N_q)I_-$ . Since

$$\mathcal{C}_{I_{-}}H_0 = \hbar \Delta I_+,\tag{14}$$

we can recast the transformed Hamiltonian Eq. (5) using Eq. (12)

$$H^{\mathbf{D}} \equiv \mathbf{D}^{\dagger} H \mathbf{D} = H_0 + \hbar \sum_{n=0}^{\infty} \frac{(n+1)g + \Delta \Lambda}{(n+1)!} \mathcal{C}^n_{\Lambda I_-} I_+.$$
(15)

To evaluate the sum, we need the following identities, which can be proved by induction

$$C_{\Lambda I_{-}}^{2n}I_{+} = (-4)^{n}\Lambda^{2n}N_{q}^{n}I_{+},$$

$$C_{\Lambda I_{-}}^{2n+1}I_{+} = -2(-4)^{n}\Lambda^{2n+1}N_{q}^{n+1}\sigma_{z}.$$
(16)

This allows us to evaluate the sum in Eq. (15)

$$H^{\mathbf{D}} = H_0 + \hbar \left\{ \frac{\Delta \sin\left(2\Lambda\sqrt{N_q}\right)}{2\sqrt{N_q}} + g\cos\left(2\Lambda\sqrt{N_q}\right) \right\} I_+ - 2\hbar N_q \sigma_z \left\{ \frac{g\sin\left(2\Lambda\sqrt{N_q}\right)}{2\sqrt{N_q}} + \frac{\Delta \left[1 - \cos\left(2\Lambda\sqrt{N_q}\right)\right]}{4N_q} \right\}.$$
(17)

Note that this expression contains both off-diagonal (second term in the equation above) and diagonal terms (first and third terms). We may now make the choice

$$\Lambda(N_q) = \frac{-\arctan\left(2\lambda\sqrt{N_q}\right)}{2\sqrt{N_q}} \tag{18}$$

that nulls the off-diagonal term, to obtain

$$H^{\mathbf{D}} = H_0 - \frac{\hbar\Delta}{2} \left( 1 - \sqrt{1 + 4\lambda^2 N_q} \right) \sigma_z.$$
(19)

We can now define Lamb and ac Stark shift operators as follows

$$\delta_L \equiv H^{\mathbf{D}}(0,1) - H^{\mathbf{D}}(0,-1) - \hbar\omega_a = -\frac{\hbar\Delta}{2} \left(1 - \sqrt{1+4\lambda^2}\right)$$
  
$$\delta_S \left(a^{\dagger}a\right) \equiv H^{\mathbf{D}} \left(a^{\dagger}a,1\right) - H^{\mathbf{D}} \left(a^{\dagger}a,-1\right) - \delta_L - \hbar\omega_a \qquad (20)$$
  
$$= \frac{\hbar\Delta}{2} \left(\sqrt{1+4\lambda^2 \left(a^{\dagger}a+1\right)} + \sqrt{1+4\lambda^2 a^{\dagger}a} - 1 - \sqrt{1+4\lambda^2}\right).$$

Note that the unitary operator redefines the excitations in the problem. We have for the operators that were previously diagonal in the eigenbases of the atom and oscillator, respectively

$$\sigma_z^{\mathbf{D}} = \sigma_z \left( \frac{1}{\sqrt{1 + 4\lambda^2 N_q}} \right) - \frac{2\lambda}{\sqrt{1 + 4\lambda^2 N_q}} I_+,$$

$$(a^{\dagger}a)^{\mathbf{D}} = a^{\dagger}a + \frac{\sigma_z}{2} + \frac{(\lambda I_+ - \sigma_z/2)}{\sqrt{1 + 4N_q \lambda^2}},$$
(21)

and

$$a^{\mathbf{D}} \approx a \left[ 1 + \frac{\lambda^2 \sigma_z}{2} \right] + \lambda \left[ 1 - 3\lambda^2 \left( a^{\dagger} a + \frac{1}{2} \right) \right] \sigma_- + \lambda^3 a^2 \sigma_+$$
  
$$\sigma_-^{\mathbf{D}} \approx \sigma_- \left[ 1 - \lambda^2 \left( a^{\dagger} a + \frac{1}{2} \right) \right] + \lambda a \sigma_z - \lambda^2 a^2 \sigma_+$$
(22)

Finally, the Hamiltonian up to cubic order in  $\lambda$  is

$$H^{\mathbf{D}} \approx \hbar \left(\omega_r + \zeta\right) a^{\dagger} a + \hbar \left[\omega_a + 2\chi \left(a^{\dagger} a + \frac{1}{2}\right)\right] \frac{\sigma_z}{2} + \hbar \zeta \left(a^{\dagger} a\right)^2 \sigma_z, \tag{23}$$

where we have introduced

$$\chi = g^2 \left( 1 - \lambda^2 \right) / \Delta,$$
  

$$\zeta = -g^4 / \Delta^3.$$
(24)

#### C. Coupling to environment

Suppose that the system described by H in Eq. (5) is coupled to a bath via the operator  $A = a + a^{\dagger}$  via  $H_{SB} = A \otimes B$  with B some bath operator as introduced in earlier lectures on the Lindblad master equation. Can we use the Schrieffer-Wolff approach to compute the so-called Purcell relaxation rate? We assume zero temperature throughout this subsection.

First, the system-bath coupling would be written in the interaction picture with respect to H, so we need to evaluate the time-evolution operator U(t, 0). First we reexpress it as follows using the unitarity of **D** 

$$e^{-iHt} = \mathbf{D}e^{-iH^{\mathbf{D}}t}\mathbf{D}^{\dagger}.$$
(25)

Then we note that under  $\mathbf{D}$  the system operator coupling to the bath transforms as (according to Eq. (22))

$$a + a^{\dagger} \to a^{\mathbf{D}} + a^{\dagger \mathbf{D}} \approx a \left[ 1 + \frac{\lambda^2 \sigma_z}{2} \right] + \lambda \left[ 1 - 3\lambda^2 \left( a^{\dagger} a + \frac{1}{2} \right) \right] \sigma_- + \lambda^3 a^2 \sigma_+ + \text{H.c.}$$
(26)  
$$\approx a + \lambda \sigma_- + \text{H.c.},$$

where we have kept the lowest-order contribution linear in  $\lambda$ .

We now need to recall how the Lindblad master equation is derived. We first need to express the system-bath coupling Hamiltonian in the interaction picture with respect to the uncoupled system and bath Hamiltonians, that is, we need

$$A(t) \equiv e^{iHt}(a+a^{\dagger})e^{-iHt} = \mathbf{D}e^{iH^{\mathbf{D}}t}\mathbf{D}^{\dagger}(a+a^{\dagger})\mathbf{D}e^{-iH^{\mathbf{D}}t}\mathbf{D}^{\dagger} = \mathbf{D}e^{iH^{\mathbf{D}}t}(a^{\mathbf{D}}+a^{\dagger}\mathbf{D})e^{-iH^{\mathbf{D}}t}\mathbf{D}^{\dagger},$$
(27)

or equivalently

$$A^{\mathbf{D}}(t) \equiv \mathbf{D}^{\dagger} A(t) \mathbf{D} = e^{iH^{\mathbf{D}}t} (a^{\mathbf{D}} + a^{\dagger \mathbf{D}}) e^{-iH^{\mathbf{D}}t} \equiv \sum_{\omega} A^{\mathbf{D}}(\omega) e^{-i\omega t}.$$
 (28)

This suggests it is more convenient to write the Lindblad master equation in the frame rotated by **D**.

If the von Neumann equation is

$$\dot{\rho} = -i[H_{total}, \rho],\tag{29}$$

then in the rotated frame

$$\dot{\rho}^{\mathbf{D}} = -i[H^{\mathbf{D}}_{total}, \rho^{\mathbf{D}}]. \tag{30}$$

Therefore the equation for the reduced density matrix  $\rho^{\mathbf{D}}$  (abuse of notation) is

$$\dot{\rho}^{\mathbf{D}} = -i[H^{\mathbf{D}}, \rho^{\mathbf{D}}] + \sum_{\omega} \gamma(\omega) \mathcal{D}[A^{\mathbf{D}}(\omega)] \rho^{\mathbf{D}}, \qquad (31)$$

with  $\gamma(\omega)$  being related to the bilateral power spectral density of the bath modes as in Eq. (43) of Lecture 2 with  $\alpha = \beta$ . Then all that remains is then to evaluate Eq. (28). To get our answer we will do this using the order- $\lambda$  result of Eq. (26), and use  $H^{\mathbf{D}}$  of Eq. (32) up to order order  $\lambda$ , i.e.

$$H^{\mathbf{D}} = \hbar\omega_r a^{\dagger} a + \hbar(\omega_a + \chi) \frac{\sigma_z}{2} + \hbar\chi a^{\dagger} a \sigma_z + O(\lambda^2)$$
(32)

In evaluating Eq. (28) we furthermore neglect terms of order  $\chi$  in  $H^{\mathbf{D}}$ , ultimately using its order- $\lambda^0$  contributions only. Then we find

$$A^{\mathbf{D}}(\omega_a) = \lambda \sigma_{-}, A^{\mathbf{D}}(-\omega_a) = \lambda \sigma_{+}, A^{\mathbf{D}}(\omega_r) = a, A^{\mathbf{D}}(-\omega_r) = a^{\dagger},$$
(33)

leading to

$$\dot{\rho}^{\mathbf{D}} = -i[H^{\mathbf{D}}, \rho^{\mathbf{D}}] + \gamma(\omega_r)\mathcal{D}[a]\rho^{\mathbf{D}} + \lambda^2\gamma(\omega_a)\mathcal{D}[\sigma_-]\rho^{\mathbf{D}}.$$
(34)

Assuming that the bath power spectral density is flat with  $\gamma(\omega) = \kappa$ , we get the result

$$\dot{\rho}^{\mathbf{D}} = -i[H^{\mathbf{D}}, \rho^{\mathbf{D}}] + \kappa \mathcal{D}[a]\rho^{\mathbf{D}} + \lambda^2 \kappa \mathcal{D}[\sigma_{-}]\rho^{\mathbf{D}}, \qquad (35)$$

leading to the formula for the Purcell decay rate of the qubit (rate of radiative decay of an atom coupled to a detuned lossy cavity)

$$\gamma_P = \left(\frac{g}{\Delta}\right)^2 \kappa. \tag{36}$$

Note that this is primarily due to the 'hybridization' of the qubit with the cavity, given by the hybridization coefficient  $\lambda \ll 1$ , and that therefore this is an apparently weak effect on the qubit  $\gamma_P \ll \kappa$ , which however turns out to be important in practice.

# II. ORDER-BY-ORDER ROTATING-WAVE APPROXIMATION FROM SCHRIEFFER-WOLFF PERTURBATION THEORY

Note for Fall 2023 course: This material was not covered in class, so it will not be on the exam. Below we consider a generic Schrieffer-Wolff perturbation theory for time-dependent Hamiltonians. Let us consider a generic Baker-Campbell-Hausdorff expansion of the form

$$\begin{split} e^{-\hat{G}_{\mathrm{I}}(t)}(\hat{H}_{\mathrm{I}}-i\partial_{t})e^{\hat{G}_{\mathrm{I}}(t)} &= \hat{H}_{\mathrm{I}} - i\dot{\hat{G}}_{\mathrm{I}} + [\hat{H}_{\mathrm{I}},\hat{G}_{\mathrm{I}}] - \frac{i}{2}[\dot{\hat{G}}_{\mathrm{I}},\hat{G}_{\mathrm{I}}] + \frac{1}{2!}[[\hat{H}_{\mathrm{I}},\hat{G}_{\mathrm{I}}],\hat{G}_{\mathrm{I}}] - \frac{i}{3!}[[\dot{\hat{G}}_{\mathrm{I}},\hat{G}_{\mathrm{I}}],\hat{G}_{\mathrm{I}}] \\ &+ \frac{1}{3!}[[[\hat{H}_{\mathrm{I}},\hat{G}_{\mathrm{I}}],\hat{G}_{\mathrm{I}}],\hat{G}_{\mathrm{I}}] - i\partial_{t} + \dots \end{split}$$

Let us assume that the generator can be expanded as follows:

$$\hat{G}_{\rm I}(t) = \lambda \hat{G}_{\rm I}^{(1)}(t) + \lambda^2 \hat{G}_{\rm I}^{(2)}(t) + \dots$$
(37)

We can rewrite (37) up to contributions of order  $\lambda^3$  as follows

$$\begin{split} e^{-\hat{G}_{\mathrm{I}}}(\hat{H}_{\mathrm{I}}-i\partial_{t})e^{\hat{G}_{\mathrm{I}}} &= \\ \hat{H}_{\mathrm{I}}-i\lambda\dot{\hat{G}}_{\mathrm{I}}^{(1)} \\ +[\hat{H}_{\mathrm{I}},\lambda\hat{G}_{\mathrm{I}}^{(1)}] - \frac{i}{2}[\lambda\dot{\hat{G}}_{\mathrm{I}}^{(1)},\lambda\hat{G}_{\mathrm{I}}^{(1)}] - i\lambda^{2}\dot{\hat{G}}_{\mathrm{I}}^{(2)} \\ +[\hat{H}_{\mathrm{I}},\lambda^{2}\hat{G}_{\mathrm{I}}^{(2)}] - \frac{i}{2}[\lambda^{2}\dot{\hat{G}}_{\mathrm{I}}^{(2)},\lambda\hat{G}_{\mathrm{I}}^{(1)}] - \frac{i}{2}[\lambda\dot{\hat{G}}_{\mathrm{I}}^{(1)},\lambda^{2}\hat{G}_{\mathrm{I}}^{(2)}] + \frac{1}{2!}[[\hat{H}_{\mathrm{I}},\lambda\hat{G}_{\mathrm{I}}^{(1)}],\lambda\hat{G}_{\mathrm{I}}^{(1)}] - \frac{i}{3!}[[\lambda\dot{\hat{G}}_{\mathrm{I}}^{(1)},\lambda\hat{G}_{\mathrm{I}}^{(1)}] \\ -i\lambda^{3}\dot{\hat{G}}_{\mathrm{I}}^{(3)} \end{split}$$

$$-i\partial_{t} + O(\lambda^{4})$$

$$\equiv \lambda \hat{H}_{I}^{(1)}(t) - i\lambda \dot{\hat{G}}_{I}^{(1)}$$

$$+ \lambda^{2} \hat{H}_{I}^{(2)}(t) - i\lambda^{2} \dot{\hat{G}}_{I}^{(2)}$$

$$+ \lambda^{3} \hat{H}_{I}^{(3)}(t) - i\lambda^{3} \dot{\hat{G}}_{I}^{(3)}$$

$$- i\partial_{t} + O(\lambda^{4}).$$
(38)

The first, second, and third row contain terms that are first-order, second-order and thirdorder in  $\lambda$ , respectively. We needed to introduce the following notation:

$$\hat{H}_{\rm I}(t) \equiv \lambda \hat{H}_{\rm I}^{(1)}(t) \equiv \lambda \overline{\hat{H}}_{I}^{(1)} + \lambda \widetilde{\hat{H}}_{I}^{(1)}(t), \qquad (39)$$

and moreover let us define more generally for k > 1 integer a separation over constant and oscillatory terms:

$$\lambda^k \hat{H}_{I}^{(k)}(t) \equiv \lambda^k \overline{\hat{H}}_{I}^{(k)} + \lambda^k \widetilde{\hat{H}}_{I}^{(k)}(t).$$
(40)

**Definition (DC and AC parts of a time-dependent operator)**. The definitions above involved the DC part of a time-dependent operator  $\hat{O}(t)$ , defined as:

$$\overline{\hat{O}} \equiv \lim_{T \to \infty} \frac{1}{T} \int_0^T dt \hat{O}(t).$$
(41)

Moreover, we may define the AC, or oscillatory part, of the operator, according to

$$\widetilde{\hat{O}}(t) \equiv \hat{O}(t) - \overline{\hat{O}}.$$
(42)

**Properties.** The operations  $\overline{\hat{O}}$  and  $\widetilde{\hat{O}}(t)$  are linear, in the sense that  $\widehat{\hat{O}_1} + \widehat{\hat{O}_2}(t) = \widetilde{\hat{O}_1}(t) + \widetilde{\hat{O}_2}(t)$ , and  $\overline{\hat{O}_1} + \widehat{\hat{O}_2}(t) = \overline{\hat{O}_1}(t) + \overline{\hat{O}_2}(t)$ . Moreover, they are idempotent:  $\overline{\overline{\hat{O}}} = \overline{\hat{O}}$ , and  $\overline{\widetilde{\hat{O}}} = \widetilde{\hat{O}}$ , but application of one after another gives zero:  $\overline{\tilde{\hat{O}}} = 0$ , and  $\overline{\tilde{\hat{O}}} = 0$ . Thus, they appear to share properties with a pair of projectors onto complementary Hilbert subspaces.

Having introduced these notations, we are equipped to write the iterative procedure to derive the RWA Hamiltonian. The condition for removing non-RWA terms at order  $\lambda^k$ :

$$\lambda^k \hat{H}_{\mathrm{I}}^{(k)}(t) - i\lambda^k \dot{\hat{G}}_{I}^{(k)}(t) = \lambda^k \overline{\hat{H}}_{I}^{(k)}, \qquad (43)$$

Note that  $\lambda^k \hat{H}_{\mathrm{I}}^{(k)}(t)$  for  $k \geq 2$  is generally dependent on  $\hat{G}_{\mathrm{I}}^{(1)}, \dots, \hat{G}_{\mathrm{I}}^{(k-1)}$ , which means that this is an iterated procedure: Equation (43) must be solved in order for  $k = 1, 2, 3, \dots$  Once the first k equations have been solved, we can write down the RWA Hamiltonian in the following form

$$e^{-\hat{G}_{\rm I}(t)}(\hat{H}_{\rm I} - i\partial_t)e^{\hat{G}_{\rm I}(t)} = \sum_{l=1}^k \lambda^l \overline{\hat{H}}_{I}^{(l)} + O(\lambda^{k+1}),$$
(44)

where terms of order  $\lambda^{k+1}$  are time-dependent, but terms of order  $\leq k$  are stationary.

#### A. First-order RWA

In the first iteration we write Eq. (43) for k = 1:

$$\lambda \hat{H}_{\mathrm{I}}^{(1)}(t) - i\lambda \dot{\hat{G}}_{I}^{(1)}(t) = \lambda \overline{\hat{H}}_{I}^{(1)}, \qquad (45)$$

which yields, upon recalling the separation of  $\lambda \hat{H}_{\mathrm{I}}^{(1)}(t)$ , Eq. (40):

$$\lambda \tilde{\hat{H}}_{I}^{(1)} - i\lambda \dot{\hat{G}}_{I}^{(1)} = 0 \quad \leftrightarrow \quad \lambda \hat{G}_{I}^{(1)}(t) = \frac{\lambda}{i} \int^{t} dt' \tilde{\hat{H}}_{I}^{(1)}(t') + \lambda \hat{G}_{I,0}^{(1)}$$
$$\equiv \lambda \tilde{\hat{G}}_{I}^{(1)}(t) + \lambda \overline{\hat{G}}_{I}^{(1)} \tag{46}$$

Note that the integral is indefinite, so that the first term is oscillatory, and we can set  $\frac{\lambda}{i} \int^{t} dt' \tilde{\hat{H}}_{I}^{(\prime)}(1)(t') \equiv \lambda \tilde{\hat{G}}_{I}^{(1)}(t)$ , while the second term is the integration constant, which sets the DC part of the order- $\lambda$  generator  $\lambda \hat{G}_{I,0}^{(1)} \equiv \lambda \overline{\hat{G}}_{I}^{(1)}$ . Imposing the equation above, we rewrite Eq. (38) where to  $O(\lambda)$  we have obtained a stationary Hamiltonian:

$$e^{-\hat{G}_{\rm I}}(\hat{H}_{\rm I} - i\partial_t)e^{\hat{G}_{\rm I}} = \lambda \overline{\hat{H}}_{I}^{(\prime)}(1) + O(\lambda^2),$$
(47)

where we recall that, from the definition (39),  $\lambda \overline{\hat{H}}_{I}^{(\prime)}(1) = \overline{\hat{H}}_{I}$ . This is the standard RWA approximation.

#### B. Second-order RWA

We move on to second order in  $\lambda$ . The second-order terms were:

$$\lambda^{2} \hat{H}_{\mathrm{I}}^{(2)}(t) - i\lambda^{2} \dot{\hat{G}}_{\mathrm{I}}^{(2)} = [\hat{H}_{\mathrm{I}}(t), \lambda \hat{G}_{\mathrm{I}}^{(1)}(t)] - \frac{i}{2} [\lambda \dot{\hat{G}}_{\mathrm{I}}^{(1)}(t), \lambda \hat{G}_{\mathrm{I}}^{(1)}(t)] - i\lambda^{2} \dot{\hat{G}}_{\mathrm{I}}^{(2)} = [\hat{H}_{\mathrm{I}}(t) - \frac{i}{2} \lambda \dot{\hat{G}}_{\mathrm{I}}^{(1)}(t), \lambda \hat{G}_{\mathrm{I}}^{(1)}(t)] - i\lambda^{2} \dot{\hat{G}}_{\mathrm{I}}^{(2)} \stackrel{\mathrm{Eq.}(45)}{=} [\lambda \overline{\hat{H}}_{I}^{(1)} + \frac{i}{2} \lambda \dot{\hat{G}}_{\mathrm{I}}^{(1)}(t), \lambda \hat{G}_{\mathrm{I}}^{(1)}(t)] - i\lambda^{2} \dot{\hat{G}}_{\mathrm{I}}^{(2)}$$
(48)

Condition (43) for k = 2 implies the following equation for  $\hat{G}_{\rm I}^{(2)}(t)$ :

$$[\lambda \overline{\hat{H}}_{I}^{(1)} + \frac{i}{2} \lambda \dot{\hat{G}}_{I}^{(1)}(t), \lambda \hat{G}_{I}^{(1)}(t)] - i \lambda^{2} \dot{\hat{G}}_{I}^{(2)} = \lambda^{2} \overline{\hat{H}}_{I}^{(2)}, \qquad (49)$$

where the second-order RWA Hamiltonian is

$$\lambda^2 \overline{\hat{H}}_I^{(2)} \equiv \overline{\left[\lambda \overline{\hat{H}}_I^{(1)} + \frac{i}{2} \lambda \dot{\hat{G}}_{\mathrm{I}}^{(1)}(t), \lambda \hat{G}_{\mathrm{I}}^{(1)}(t)\right]} \tag{50}$$

We can simplify this form by using the separation of  $\hat{G}_{\mathrm{I}}^{(1)}(t)$  into DC and AC components:

$$\lambda^{2}\overline{\hat{H}}_{I}^{(2)} \equiv \overline{[\lambda\overline{\hat{H}}_{I}^{(1)} + \frac{i}{2}\lambda\dot{\widetilde{G}}_{I}^{(1)}(t), \lambda\widetilde{\widehat{G}}_{I}^{(1)}(t) + \lambda\overline{\widehat{G}}_{I}^{(1)}]}$$
$$= [\lambda\overline{\hat{H}}_{I}^{(1)}, \lambda\overline{\widehat{G}}_{I}^{(1)}] + \overline{[\frac{i}{2}\lambda\dot{\widetilde{G}}_{I}^{(1)}(t), \lambda\widetilde{\widehat{G}}_{I}^{(1)}(t)]}.$$
(51)

Remark that the cross terms vanished under time-averaging. We may wish to express this in terms of the Hamiltonian, so we can write

$$\lambda^{2}\overline{\hat{H}}_{I}^{(2)} = [\lambda\overline{\hat{H}}_{I}^{(1)}, \lambda\overline{\hat{G}}_{I}^{(1)}] + \frac{1}{2i}\overline{\left[\lambda\widetilde{\hat{H}}_{I}^{(1)}(t), \int^{t}\lambda\widetilde{\hat{H}}_{I}^{(1)}(t')dt'\right]} \\ = [\lambda\overline{\hat{H}}_{I}^{(1)}, \lambda\overline{\hat{G}}_{I}^{(1)}] + \frac{1}{2i}\overline{\left[\hat{H}_{I}(t) - \lambda\overline{\hat{H}}_{I}^{(1)}, \int^{t}\left(\hat{H}_{I}(t') - \lambda\overline{\hat{H}}_{I}^{(1)}\right)dt'\right]}.$$
 (52)

Note the first term, which corresponds to the boundary condition, and hence the DC part, of the generator.

For further use in the third-order RWA, recall that the generator obeys the equation

$$\lambda^{2} \tilde{\hat{H}}_{I}^{(2)} - i\lambda^{2} \dot{\hat{G}}_{I}^{(2)} = 0 \quad \leftrightarrow \quad \lambda^{2} \hat{G}_{I}^{(2)}(t) = \frac{\lambda^{2}}{i} \int^{t} dt' \tilde{\hat{H}}_{I}^{(2)}(t') + \lambda^{2} \hat{G}_{I,0}^{(2)}$$
$$\equiv \lambda \tilde{\hat{G}}_{I}^{(2)}(t) + \lambda \overline{\hat{G}}_{I}^{(2)}, \qquad (53)$$

where we write the oscillating part of the Hamiltonian at second-order in  $\lambda$  as follows:

$$\lambda^{2} \tilde{\hat{H}}_{I}^{(2)}(t) = \lambda^{2} \hat{H}_{I}^{(2)}(t) - \lambda^{2} \overline{\hat{H}}_{I}^{(2)}.$$
(54)

## C. Third-order RWA

The third-order terms are

$$+[\hat{H}_{\rm I},\lambda^{2}\hat{G}_{\rm I}^{(2)}] - \frac{i}{2}[\lambda^{2}\dot{G}_{\rm I}^{(2)},\lambda\hat{G}_{\rm I}^{(1)}] - \frac{i}{2}[\lambda\dot{G}_{\rm I}^{(1)},\lambda^{2}\hat{G}_{\rm I}^{(2)}] + \frac{1}{2!}[[\hat{H}_{\rm I},\lambda\hat{G}_{\rm I}^{(1)}],\lambda\hat{G}_{\rm I}^{(1)}] - \frac{i}{3!}[[\lambda\dot{G}_{\rm I}^{(1)},\lambda\hat{G}_{\rm I}^{(1)}],\lambda\hat{G}_{\rm I}^{(1)}] - i\lambda^{3}\dot{G}_{\rm I}^{(3)} - i\lambda^{3}\dot{G}_{\rm I}^{(3)}]$$

$$=\lambda^{3}\hat{H}_{I}^{(3)}(t) - i\lambda^{3}\dot{\hat{G}}_{I}^{(3)} \equiv \lambda^{3}\overline{\hat{H}}_{I}^{(3)} + \lambda^{3}\widetilde{\hat{H}}_{I}^{(3)}(t) - i\lambda^{3}\dot{\hat{G}}_{I}^{(3)} = \lambda^{3}\overline{\hat{H}}_{I}^{(3)}$$
(55)

The third-order RWA Hamiltonian is

$$\lambda^{3}\overline{\hat{H}}_{I}^{(3)} = \underbrace{\overline{[\hat{H}_{\mathrm{I}}, \lambda^{2}\hat{G}_{\mathrm{I}}^{(2)}]}_{\text{term 1}} \underbrace{-\frac{i}{2}[\lambda^{2}\dot{\hat{G}}_{\mathrm{I}}^{(2)}, \lambda\hat{G}_{\mathrm{I}}^{(1)}]}_{\text{term 2}} \underbrace{-\frac{i}{2}[\lambda\dot{\hat{G}}_{\mathrm{I}}^{(1)}, \lambda^{2}\hat{G}_{\mathrm{I}}^{(2)}]}_{\text{term 3}}_{\text{term 3}} \\ \underbrace{+\frac{1}{2!}\overline{[[\hat{H}_{\mathrm{I}}, \lambda\hat{G}_{\mathrm{I}}^{(1)}], \lambda\hat{G}_{\mathrm{I}}^{(1)}]}}_{\text{term 4}} \underbrace{-\frac{i}{3!}\overline{[[\lambda\dot{\hat{G}}_{\mathrm{I}}^{(1)}, \lambda\hat{G}_{\mathrm{I}}^{(1)}], \lambda\hat{G}_{\mathrm{I}}^{(1)}]}_{\text{term 5}} \underbrace{-\frac{i}{3!}\overline{[[\lambda\dot{\hat{G}}_{\mathrm{I}}^{(1)}, \lambda\hat{G}_{\mathrm{I}}^{(1)}], \lambda\hat{G}_{\mathrm{I}}^{(1)}]}}_{\text{term 5}}$$
(56)

# D. RWA Hamiltonian up to third-order assuming no DC part to generator

We collect here the simpler expressions under the assumption  $\overline{\hat{G}}_{I}^{(k)} = 0$ . We will test the validity of this assumption by checking this RWA transformation against some simple test cases.

$$\lambda \overline{\hat{H}}_{I}^{(\prime)}(1) = \overline{\hat{H}}_{I}$$

$$\lambda^{2} \overline{\hat{H}}_{I}^{(\prime)}(2) = \frac{1}{2} \left[ \lambda \widetilde{\hat{H}}_{I}^{(\prime)}(1), \lambda \widetilde{\hat{G}}_{I}^{(1)}(t) \right]$$

$$\lambda^{3} \overline{\hat{H}}_{I}^{(\prime)}(3) = +\frac{1}{2} \overline{\left[ [\lambda \overline{\hat{H}}_{I}^{(\prime)}(1), \lambda \widetilde{\hat{G}}_{I}^{(1)}(t)], \lambda \widetilde{\hat{G}}_{I}^{(1)}(t)]} + \frac{1}{3} \overline{\left[ [\lambda \widetilde{\hat{H}}_{I}^{(\prime)}(1), \lambda \widetilde{\hat{G}}_{I}^{(1)}(t)], \lambda \widetilde{\hat{G}}_{I}^{(1)}(t)]} \right].$$
(57)